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(225 words)

**“Next Gen” cooks find much-needed mentor to make passage to Indian cooking as Noorbanu Nimji publishes her encyclopedic recipe collection**

**Calgary, AB, February 10, 2016 – *A Spicy Touch: Family Favourites from Noorbanu Nimji’s Kitchen*** is now available nation-wide in Canada (with shipping to the U.K. and U.S.).

This much-anticipated cookbook by the best-selling *A Spicy Touch* cookbook series author, Noorbanu Nimji and co-author, Karen Anderson, Calgary Food Tours Inc. owner and CBC Radio One columnist, includes every element of a great Indian feast.

From the intriguing array of spices on it’s hard cover, to the intimate feel of being welcomed into Nimji’s kitchen, this book elucidates Indian cooking’s pacing and ingredients while delivering 225 tried and true recipes within its 320 full colour pages. Anderson’s past work with chefs across India and nine years teaching at Nimji’s side allowed her to connect a learner’s needs with this great master’s abilities and to reinforce that with 269 photos, step-by-step instructions and mentor’s tips.

With 60 years of cooking for her family and 40 years of teaching, Nimji’s repertoire delivers the Indian classics the world craves with the bonus of surprisingly novel flavours from her unique Indian East-African heritage. Her crowd-pleasing food will ensure dog-eared favourite book status.

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**Contact**

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